

# FREE GROCERY BOX DELIVERY

Are you a  
Medi-Cal  
Member?



- **Features:** Fresh grocery box delivered directly to your door!
- **Benefits:** Our registered dietitian will work with you to build the perfect box for you!
- **Eligibility:** Medi-Cal member with chronic health conditions.



→  
SCAN TO  
LEARN MORE



**Get started today!**

949-673-0783

meals@sunterraonline.com

www.projectfoodbox.org/MTM

**PROJECT  
FOODBOX**

by

**SunTerra**



# Food is Health

## As a CalOptima Health member, you may be eligible for:

- Healthy meals or grocery boxes delivered to your home
- Working with a Registered Dietitian to learn about healthy eating

## To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY **711**) 24 hours a day, 7 days a week.

## Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**, Monday-Friday, 7 a.m. to 5 p.m.

## More Benefits

### Community Transition Services

Support to keep living in the community

### Environmental Accessibility Adaptations

Changes to ensure health and safety

### Personal Care Services

Help with daily tasks, bathing, dressing, meal preparation and grocery shopping



[CalOptima.org](https://www.caloptima.org)

[f](#) [t](#) [i](#) @CalOptima