

The Role of Public Health Nurses in Keeping Kids Safe from Preventable Injury

Tuesday, April 4, 2023
for OCHCA: Children and Families Services

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CHOC & Miller Children's' Hospital

We have no financial disclosures of conflicts of interest.



Disclosure

- Neither speaker nor any member of their immediate family has a financial relationship or interest (currently or within the past 24 months) with any proprietary entity producing health care goods or services consumed by, or used on patients related to the content of this CME activity.
- Speaker does not intend to discuss an unapproved/investigative use of a commercial product or device.

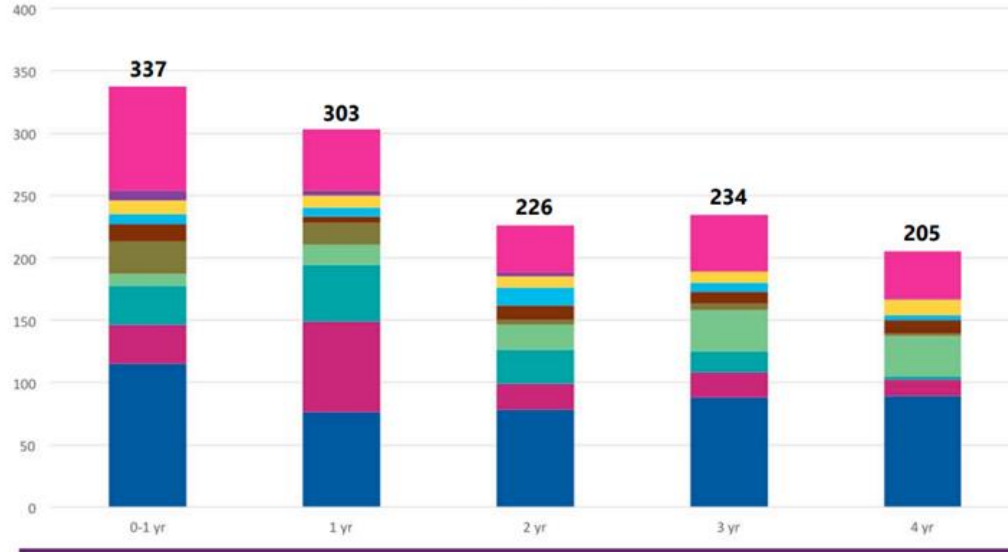
Objectives

1. Public health nurses will be able to identify household hazards to young children related to
 - a. Falls
 - b. Burns: Thermal and Electric Injuries
 - c. Poison/Ingestion Prevention
2. Gun Safety
3. Public Health Nurses will be able educate on prevention of falls, burns and poison prevention.
4. Public Health Nurses will be able to link to injury prevention resources.



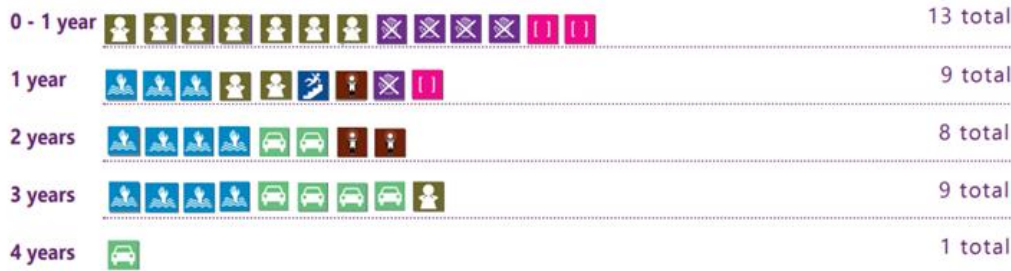
THE LEADING CAUSES OF INJURY HOSPITALIZATIONS BY AGE

Orange County Residents 0-4 years old, 2011-2013
N = 1,305



INJURY-RELATED DEATHS BY AGE AND CAUSE

Orange County Residents 0-4 years old, 2011-2013
N = 40



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American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
Orange County Chapter



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PROFILE OF CHILDHOOD INJURIES — 0-4 YEARS

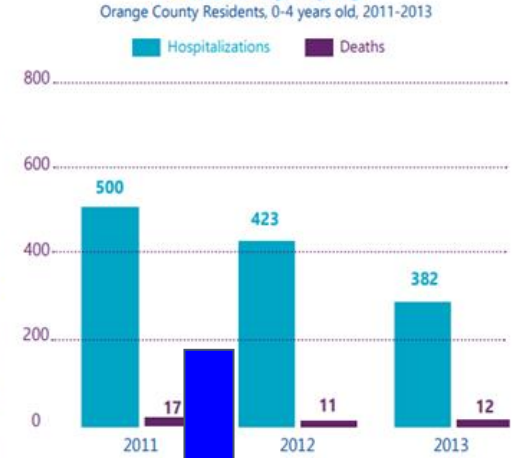
Injury Facts: Orange County children 0-4 years¹

- 15,247 visits to the Emergency Department (2013).
- Each day, two children under 5 years are seriously injured.
- Foreign body/suffocation and transportation are in the top 5 for injury-related deaths and hospitalizations.
- Drowning: Most drownings occur in pools and spas that are not properly fenced.
- Homicide: These are children who die from child abuse inflicted by adults.
- Suffocation: These deaths occur in beds, cribs and couches, mostly among young infants. Safe sleep environments will prevent many of these deaths. Young children also suffocate from choking on small objects and foods.
- Transportation: These children are injured most often because they are backed over by a vehicle on a driveway, or run into the street. Or, they are in a car crash unrestrained or improperly restrained in the car seat.

Data analysis for this report was completed by Diane Winn, RN, MPH, <http://epicenter.cdph.ca.gov>, using data provided by the California Department of Public Health, Active Communities Branch

Hospitalizations and Deaths Caused by Injury

Orange County Residents, 0-4 years old, 2011-2013



¹ State of California, Department of Public Health, Safe and Active Communities Branch

LEADING CAUSES OF INJURY-RELATED DEATH 0-4 YEARS

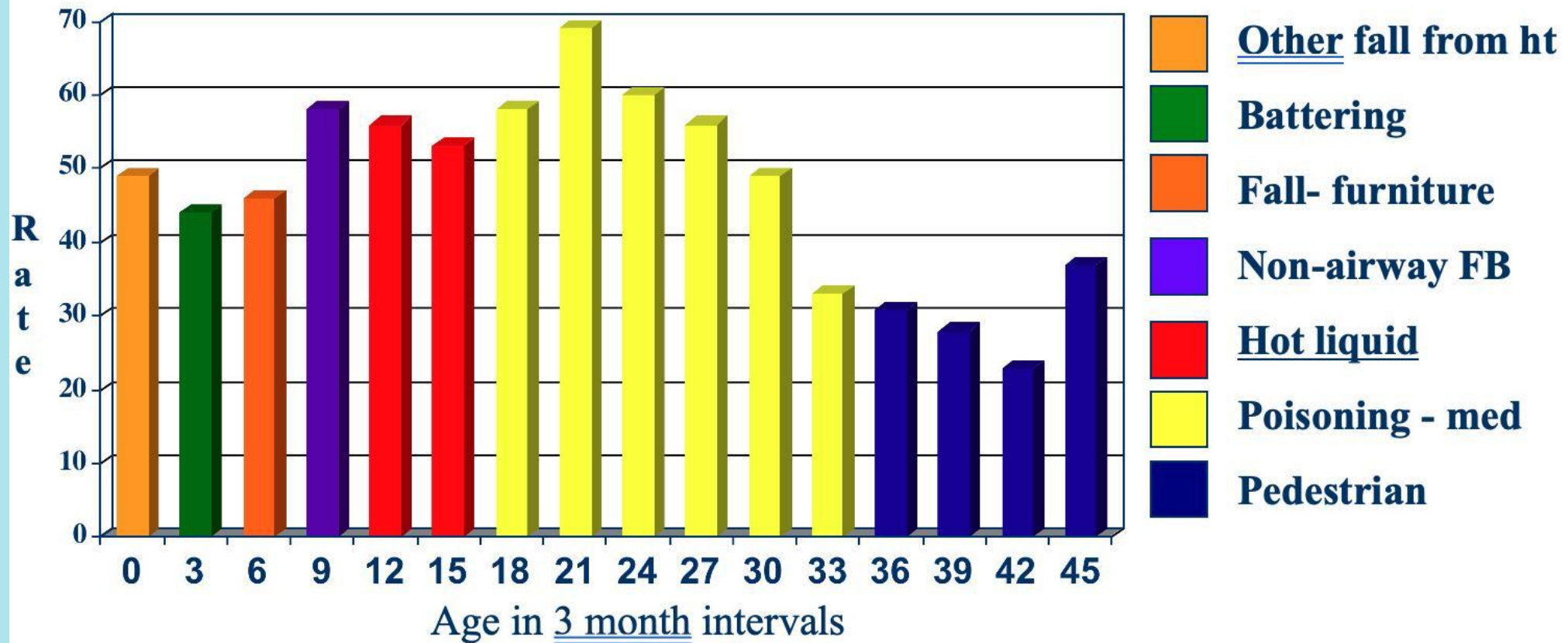
1. Drowning
2. Foreign Body/ Suffocation
3. Transportation
4. Assault
5. Struck by

LEADING CAUSES OF INJURY HOSPITALIZATION 0-4 YEARS

1. Falls
2. Burns
3. Poisoning
4. Transportation
5. Foreign Body/ Suffocation



Leading specific causes of serious injury by 3-month age intervals. CA 1996-98 (Agran, Winn, Anderson, Trent, Walton-Hayes, Pediatrics. 2001:108-45)





Unintentional, Neglect, Intentional *Shared Risk Factors*

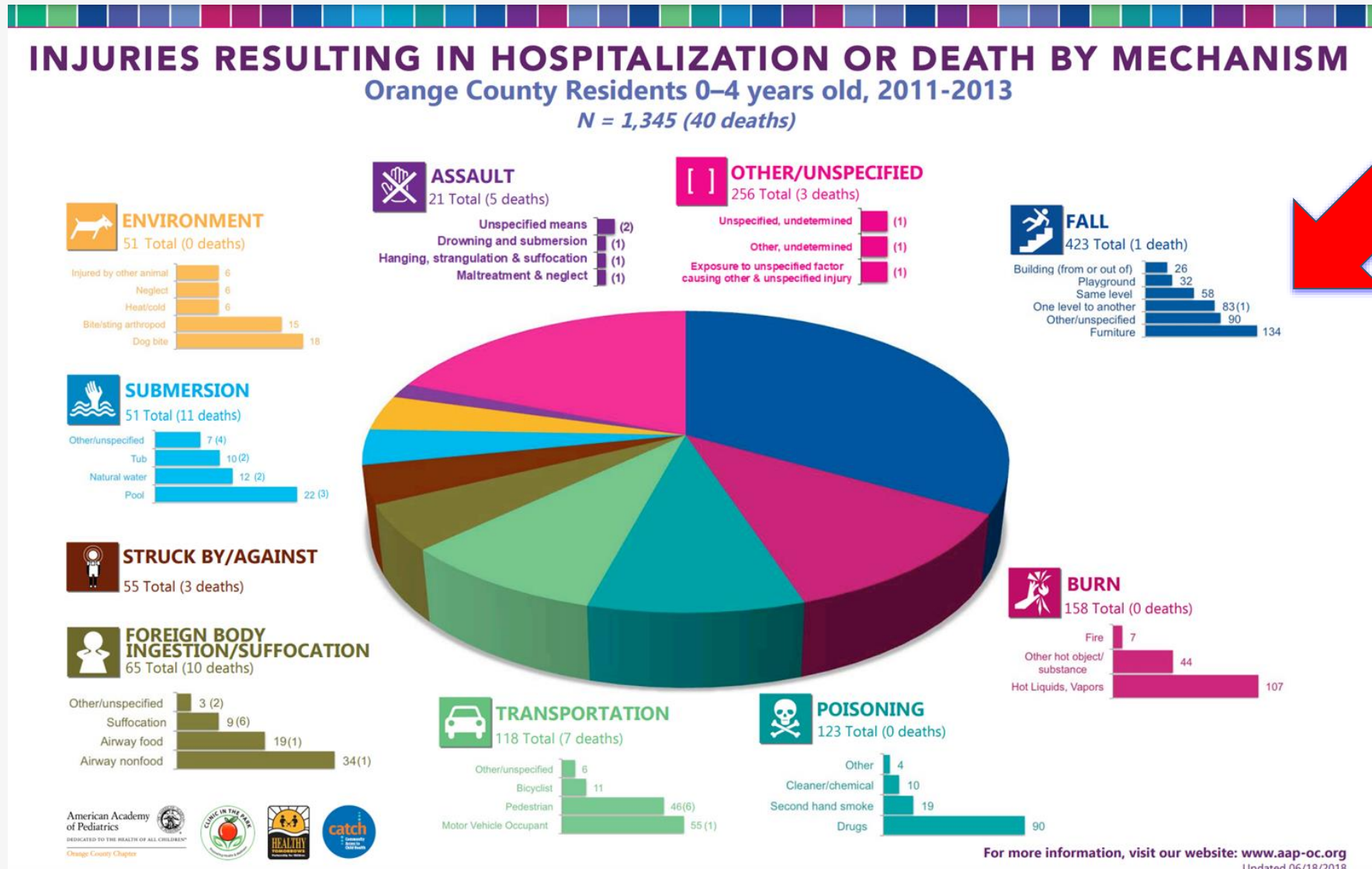


Injury is a Health Disparities Issue

- Poverty
- Poor environment: physical and social
- Substandard housing
- Lower educational level
- Lower literacy
- Lack of social capital/support systems
- Gender, age and race/ethnicity
- Children with challenging behaviors (Autism, ADHD)

Falls

Buildings; Playgrounds; Same or different level; Furniture



Falls From Buildings: Windows & Balconies

ANGELICA JIMENEZ



- Window Guards & Stops
<https://www.cpsc.gov/s3fs-public/windows.pdf>
- Move furniture away from windows
- Balconies
- Stairs
- Single family home or apartment
- Rental vs. owner property

Falls: Key Messages

Window guards and stops

Furniture away from window


Stair Gates

<https://vimeo.com/697925424>



Consumer Product Safety Commission

•Recalls•Safety Information•Videos




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CONSUMER
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English Arabic Chinese, Simplified EasaAol French Korean Vietnamese

AGE	TOPIC	HAZARD
<input type="checkbox"/> BIG KIDS <input type="checkbox"/> CAREGIVERS/ADULTS <input type="checkbox"/> EXPECTANT PARENTS <input type="checkbox"/> INFANTS	<input type="checkbox"/> ATV <input type="checkbox"/> BUTTON BATTERIES <input type="checkbox"/> TOYS <input type="checkbox"/> PLAYGROUNDS <input type="checkbox"/> OLDER ADULT SAFETY <input type="checkbox"/> MAGNETS <input type="checkbox"/> BICYCLES	<input type="checkbox"/> BACTERIA <input type="checkbox"/> CHEMICAL BURN <input type="checkbox"/> CHEMICAL INGESTION <input type="checkbox"/> DEATH <input type="checkbox"/> ELECTROCUTION <input type="checkbox"/> HEAT-RELATED EXPLOSION <input type="checkbox"/> LACERATION

Report an unsafe product

Related Recalls



Summer Infant Recalls SwaddleMe By Your Bed Inclined Sleepers to Prevent Risk of Suffocation



Delta Enterprise Corp. Recalls Incline Sleeper with Adjustable Feeding Position for Newborns to Prevent Risk of Suffocation



Evenflo Recalls Pillo Portable Napper Inclined Sleepers to Prevent Risk of Suffocation

Report unsafe

SAFER SPACES FOR BABY



Make sure baby's CRIB meets standards after June 25, 2013, and remember, a bare crib is baby's best sleeping spot.

Always keep BABY MONITORS and CORDS at least 2 feet away from the crib to reduce the chance that baby can get the cord caught around his or her neck and strangle.

Use the restraint strap on HIGH CHAIRS to prevent your child from slipping through and strapping on the high chair tray.

PLAY YARDS made after February 28, 2013 are made to a stronger standard. BM to protect your baby from becoming entangled and suffocating.

Sign up to receive RECALLS at www.cpsc.gov to know if any of your baby products have been recalled.

→ Adult Head and Neckrest
→ Pieces
→ Sashes
→ Quilt



GOT BUCKYBALLS? GET YOUR REFUND



All BUCKYBALLS and BUCKYCUBES are being recalled. CPSC has received numerous incident reports of ingestions, many of which required surgery.

Visit www.BuckyballsRecall.com or call toll-free Buckyballs Recall



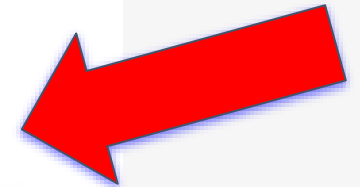
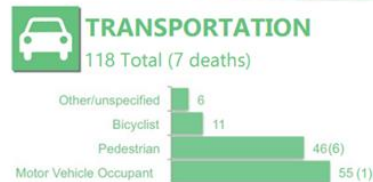
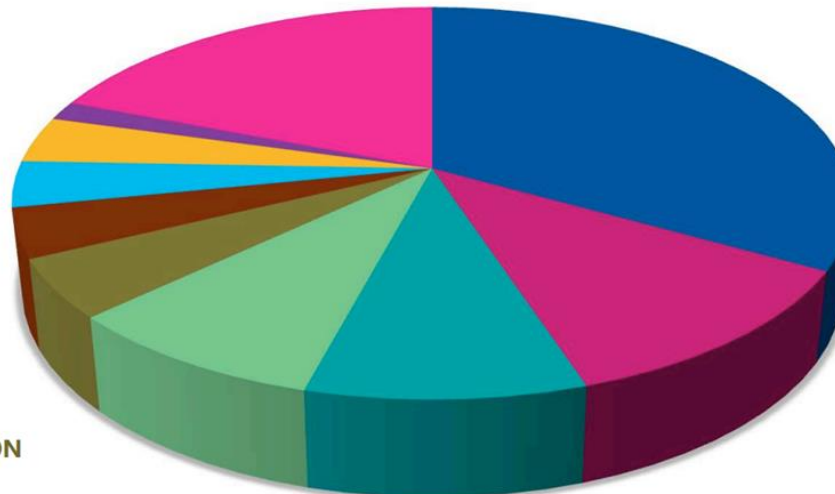
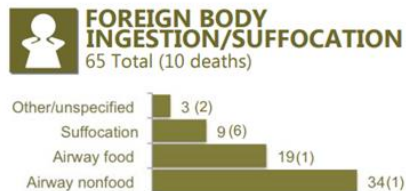
Burns

Hot Liquids & Vapors; Hot Object/Substance; Fire

INJURIES RESULTING IN HOSPITALIZATION OR DEATH BY MECHANISM

Orange County Residents 0-4 years old, 2011-2013

N = 1,345 (40 deaths)



Burns Key Messages

Stove

Microwave- new child resistant door

Instant noodle soup and mac n cheese

Your coffee and cigarettes/e-cigarettes

Candles

Water Temp - ≤ 120 degrees (Hot setting)

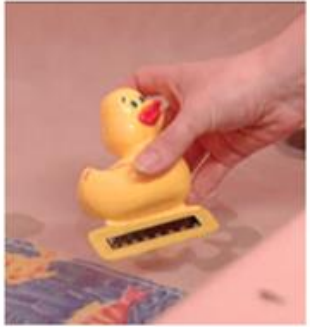
Smoke and CO Alarms

<https://vimeo.com/697923866>



Newborn to 6 months

BURNS



Your baby will try to reach, grab or touch anything, even if it's hot.

- **Never** heat baby formula in the microwave because the liquid may become very hot.
- When you cook, drink hot liquids, or hold hot objects, put your baby in a playpen or another safe place away from the kitchen, or have someone watch him for you.
- Make sure your baby's clothing and bedding are made of flame-retardant material.
- Set your water heater no higher than 120 degrees, or to "warm," and **always** test the water temperature before you use it on your baby.
- Place a smoke detector in each bedroom of your house.

6 to 12 months

BURNS

Your baby is curious and will try to reach, grab or touch anything, even if it's hot.

- **Never** heat baby formula in the microwave because the liquid may become very hot.
- Keep hot food, hot drinks, and other hot things like irons, curling irons, candles, cigarettes, and ashtrays away from and out of reach of your baby.
- Put screens or gates around fireplaces, barbecues, or heaters; fasten electrical cords to the floor or wall, and put safety caps in unused electrical outlets.
- Make sure your baby's clothing and bedding are made of flame-retardant material.
- Set your water heater no higher than 120 degrees, or to "warm," and **always** test the water temperature before you use it on your baby.
- Place a smoke detector in each bedroom of your house.
- Keep electrical cords out of reach of toddlers because they can chew on them.



Keeping Your Child Safe From Burns

1 to 2 Years

BURNS Your child is curious and will try to reach, grab or touch anything, even if it's hot.

- Keep hot food, hot drinks, and other hot things like irons, curling irons, candles, cigarettes, and ashtrays away from and out of reach of your child.
- Put screens or gates around fireplaces, barbecues, or heaters; fasten electrical cords to the floor or wall, and put safety caps in unused electrical outlets.
- Set your water heater no higher than 120 degrees, or to "warm," and **always** test the water temperature before you use it on your child.
- Place a smoke detector in each bedroom of your house.



3, 4 & 5 Years

BURNS Your child is curious and will play with things like matches, lighters and cigarettes.

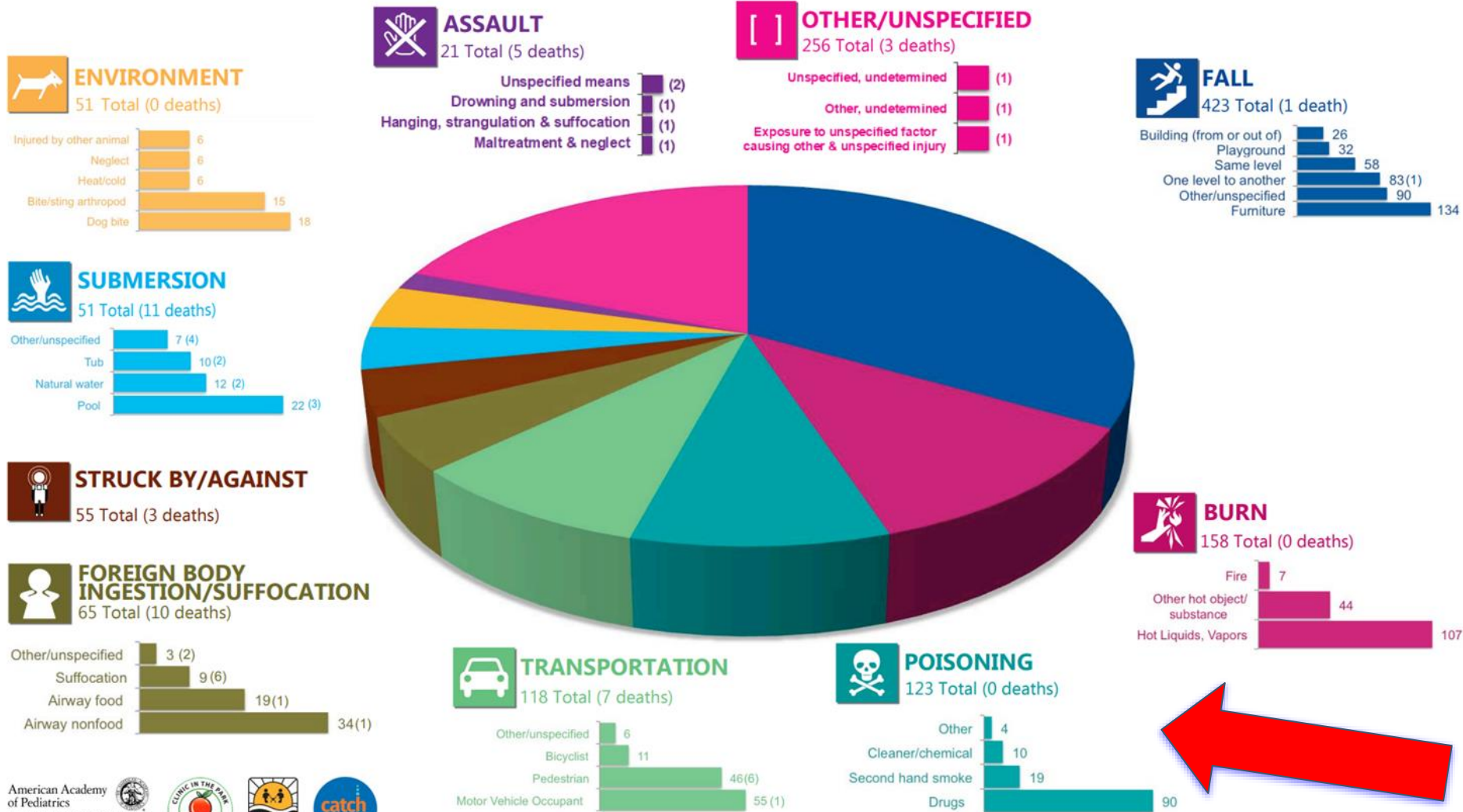


- Keep hot things like irons, curling irons, candles, cigarettes, matches, lighters and ashtrays away from and out of reach of your child.
- Put screens or gates around fireplaces, barbecues, or heaters; fasten electrical cords to the floor or wall, and put safety caps in unused electrical outlets.
- Set your water heater no higher than 120 degrees, or to "warm," and **always** test the water temperature before you use it on your child.
- Place a smoke detector in each bedroom of your house.

How to Treat Burns and Scalds


- **GENERAL:** First stop the burn from getting worse by taking the child from hot water or a hot object. If your child's

Poisoning & Ingestions Drugs (New Substances: Fentanyl; Cannabis)



Poison Control Center

2021
DATA



POISONING IS THE LEADING CAUSE OF INJURY DEATH IN THE U.S.

according to the National Center for Health Statistics

America's Poison Centers represents the 55 U.S. Poison Centers which manage exposure cases via telephone. People call a center when they think someone may have been in contact with something potentially harmful. They also call for information. The Poison Centers are managed by doctors, nurses, and pharmacists who have specialized training in poisoning prevention and treatment.

In 2021, California callers contacted the Poison Centers for:

- **209,412** human exposures cases
- Across **1** state or territory
- Resulting on average, a case every **151** seconds
- **23%** were reported from a Health Care Facility (47,712 cases)

HOT TOPICS hover for details

- 2,362** Cannabinoid Exposures
- 732** Fentanyl Exposures
- 1,560** Total Bupropion Exposures
- 110** Bupropion Death & Major Outcome Exposures

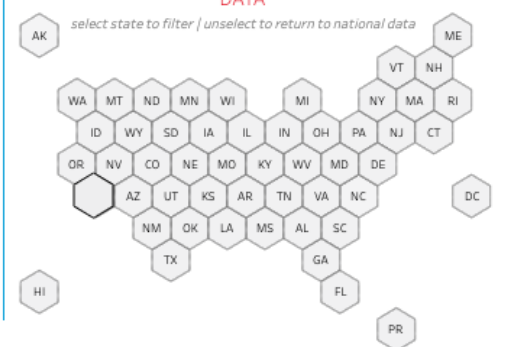
WHAT TYPES OF SUBSTANCES WERE PEOPLE EXPOSED TO? (TOP 5) hover for information

Analgesics	11.1%
Cleaning Substances (Household)	8.5%
Cosmetics/Personal Care Products	6.6%
Antidepressants	4.7%
Cardiovascular Drugs	4.6%

5% 10%

FIND YOUR STATE TO EXPLORE THE DATA Info

select state to filter | unselect to return to national data



38%

OF CASES WERE FOR CHILDREN AGES <= 5

POISON CONTROL
National Capital Poison Center



[Help & FAQ](#) [Need immediate assistance?](#)

[Get Help Online](#) [webPOISONCONTROL](#) [Poison Info](#) [Statistics](#) [Act Fast](#) [The Poison Post®](#) [Pill ID](#) [Batteries](#) [DONATE NOW](#)

GET POISON CONTROL HELP ONLINE OR BY PHONE

Contact Poison Control right away if you suspect a poisoning. Help is available online with [webPOISONCONTROL®](#) or by phone at 1-800-222-1222. Both options are free, expert, and confidential.

Get help online
or
Call 1-800-222-1222

Call 911 right away if the individual collapses, has a seizure, has trouble breathing, or can't be awakened.

Poison & Prevention Information

Batteries Cause Devastating Injuries

Swallowed batteries burn through a child's esophagus in just 2 hours, leading to surgery, months with feeding and breathing tubes, and even death. About the size of a nickel, 20 mm, 3-volt lithium coin cells are the most hazardous as they are big enough to get stuck and burn faster. Secure battery compartments and keep loose batteries away from children.

[Learn more](#)

E-Cigs and Toddlers: Beware

Electronic cigarettes (e-Cigs) are devices made to look like real cigarettes. They contain a battery, a heater, and liquid nicotine. When heated, the nicotine liquid becomes a vapor, which users inhale. Liquid nicotine products contain flavorings and something to help the product vaporize. Liquid nicotine products are very poisonous if swallowed.

[Learn more](#)

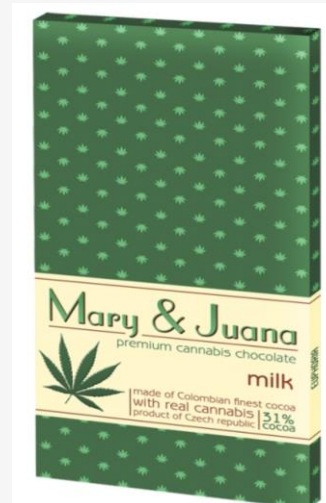
Carbon Monoxide: The Invisible Killer

It's not an intriguing or novel hazard, just the persistent, invisible killer: carbon monoxide. Seriously, you still don't have a carbon monoxide alarm in every sleeping area of your home? Get one! And keep fuel-burning appliances in good repair; don't use grills or gasoline-powered tools indoors, and don't run your car in an attached garage or place a generator close to your home.

[Learn more](#)



Can you tell the difference? Can a toddler read?



www.poison.org



Key Message: Have all family members download the V-card during your visit



Do Your Part

Poison Control reduces poisoning-related ER visits, a critical part of preserving valuable healthcare resources for coronavirus (COVID-19) care.

Do your part to reduce unnecessary ER visits by saving Poison Control's contact information. To download our vcard, text **poison** to **202-677-7600**. The vcard has the Poison Control telephone number and the link to online help. Save Poison Control contact info **NOW!**

[Download vcard](#)



First Aid for Poisonings

Poison Control is here to help if you swallow or come in contact with something that might be poisonous. Don't wait for symptoms to develop. Contact Poison Control immediately if you suspect a poisoning. Before you contact us, there are first aid measures that make a difference if accomplished within seconds to minutes of the poison exposure. Be sure you know about them.

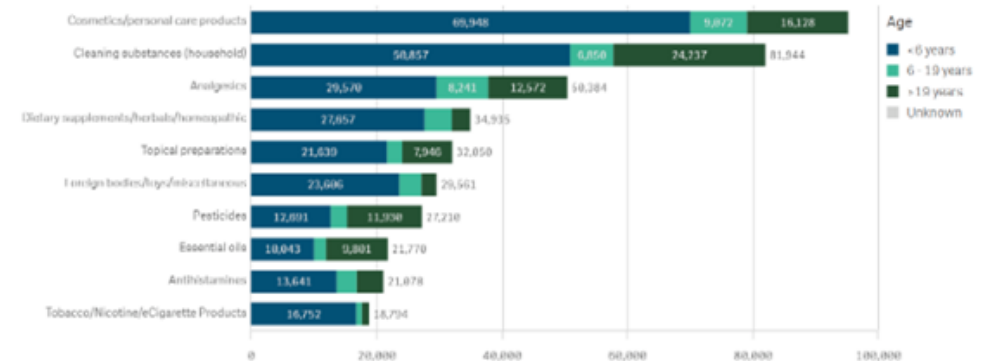
[First Aid Tips](#)



webPOISONCONTROL Data Dashboard

The webPOISONCONTROL data analysis dashboard is the only free and publicly available online source of national (U.S.), near real-time poison exposure data. [Find out more](#) about the dashboard so you can fully explore data summaries and trends of poisonings from common substances like personal care products, cleaning substances, medicines, pesticides, plants, bites and stings, and more.

Top 10 Generic Substance Categories



© 2020-2022 webPOISONCONTROL

[webPOISONCONTROL Dashboard](#)



AAP-OC

POISONING

Your child is very curious and is exploring his environment. He can open containers, and will find things, even if they're hidden. He'll put things in his mouth, even if they taste bad.

- Make sure that all purses and handbags are placed out of reach.
- The bathroom isn't a safe place for your child. Keep the door to your bathroom closed and latched.
- Keep all medicines, vitamins, iron pills, household cleaners and cosmetics stored in their original containers, locked and out of sight and reach of your child.



- Use safety latches on all drawers and cupboards. These latches may not keep your child out of the cupboards, but it will slow him down.
- If your child swallows something harmful, or if something harmful gets on his skin, immediately call the California Poison Control System at 1-800-222-1222 for instructions.

Let's Not Miss Our Moment to #EndGunViolence

Firearms are the leading cause of death
for children and teens in the United States.

In 2020, **4,357 children and teens' lives**
were taken by gun violence.

Gun Safety: DOJ Laws and Device

State of California Department of Justice



ROB BONTA

Attorney General

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Firearm Safety

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Links to Topics below

[The Six Basic Gun Safety Rules](#)

[Rules for Kids](#)

[Additional Safety Points](#)

[Methods of Childproofing your Firearm](#)

[Guns and Children--Firearm Owner Responsibilities](#)

[Firearm Safety Certificate Study Guide](#)

Bureau of Firearms

[Firearms Home](#)

[Ammunition Purchase Authorization Program](#)

[Automated Firearms System Personal Information Update](#)

[California Firearms Laws Summary, pdf \(revised 2021\)](#)

[FAQs](#)

<https://oag.ca.gov/system/files/media/cfl2021.pdf>



AAP-OC

Key Messages

1. Falls
 - a. Window guards, stops and furniture away
2. Poisoning
 - a. Download V-card
 - b. Medications, toxins, edible cannabis high, locked & out of reach
3. Burns
 - a. Stove, Microwave, Hot Water Temp, hot beverages, cigarettes, and candles
4. Gun Safety
 - a. CA law requires gun to be securely stored and locked

Resources

AAP-OC <https://www.aap-oc.org/initiatives/injury-violence-prevention/>

Injury and Violence Prevention

Partners for Child Fatality Prevention

Partners for Childhood Drowning Prevention

Gun Violence Prevention

Healthychildren.org parent page of AAP. www.healthychildren.org

(English/Spanish/Audio)

Consumer Product Safety Commission <https://www.cpsc.gov>

Poison Control Center <https://www.poison.org/>

OCHCA (Lead Poisoning)

This meeting is closed in honor and memory of
Mark Horton, MD, MPH
(1946-2023)

2007: 1st Health Officer/physician-director newly created CA State Department of Public SB 162 Ortiz 2006

2005-2007: State Public Health Officer; Chief Deputy Director CDPH Public Health Programs

1999-2005: Orange County Director of Public Health/Health Officer

